



# WATERBURY HEALTH DEPARTMENT

## Let's Learn about: Measles (Rubeola)

As of April 24th, 2025 there have been : 884 cases  
Under 5 years: 266 (30%), 5-19 years: 338 (38%), 20+ years: 261 (30%),  
Age unknown: 19 (2%)

**NO MEASLES CASES HAVE BEEN REPORTED IN CONNECTICUT AS OF NOW**

**-Measles is highly contagious**  
**-Caused by a virus**

**-Measles can spread when an infected person coughs or sneezes**

**-Children under the age of 5 years**  
**-Adults older than 20 years of age**

**-Pregnant women**  
**-People with weakened immune systems such as those with leukemia and HIV**

**-Two doses of the MMR vaccine are the best way to protect against measles, mumps, and rubella**

**-First dose at age 12 through 15 months**  
**-Second dose at age 4 through 6 years**

**-Vaccine is also available for Older children, adolescents, and adults if they do not have immunity**

**Caused by**

**Symptoms**

**-Symptoms appear after 7-14 days of infection with virus**

**-High fever**  
**-Cough**  
**-Runny nose**  
**-Red watery eyes**

**High Risk Groups**

**Koplick spots**

**-Tiny white spots inside the mouth that appear 2-3 days after symptoms begin**

**Prevention**

**Measles Rash**

**-Appear 3 to 5 days after the first symptom**  
**-Small raised bumps may also appear on top of the flat red spots**

**-The spots may become joined together as they spread from the head to the rest of the body.**

**-When the rash appears, a person's fever may spike to more than 104° Fahrenheit**

### COMMON COMPLICATIONS:

**-Ear infections**  
**-Diarrhea**

### SEVERE COMPLICATIONS:

**-Hospitalization**  
**-Pneumonia**  
**-Encephalitis**  
**-Pregnancy Complications**  
**-Death**



**CALL YOUR DOCTOR OR HEALTH DEPARTMENT FOR MORE INFORMATION**